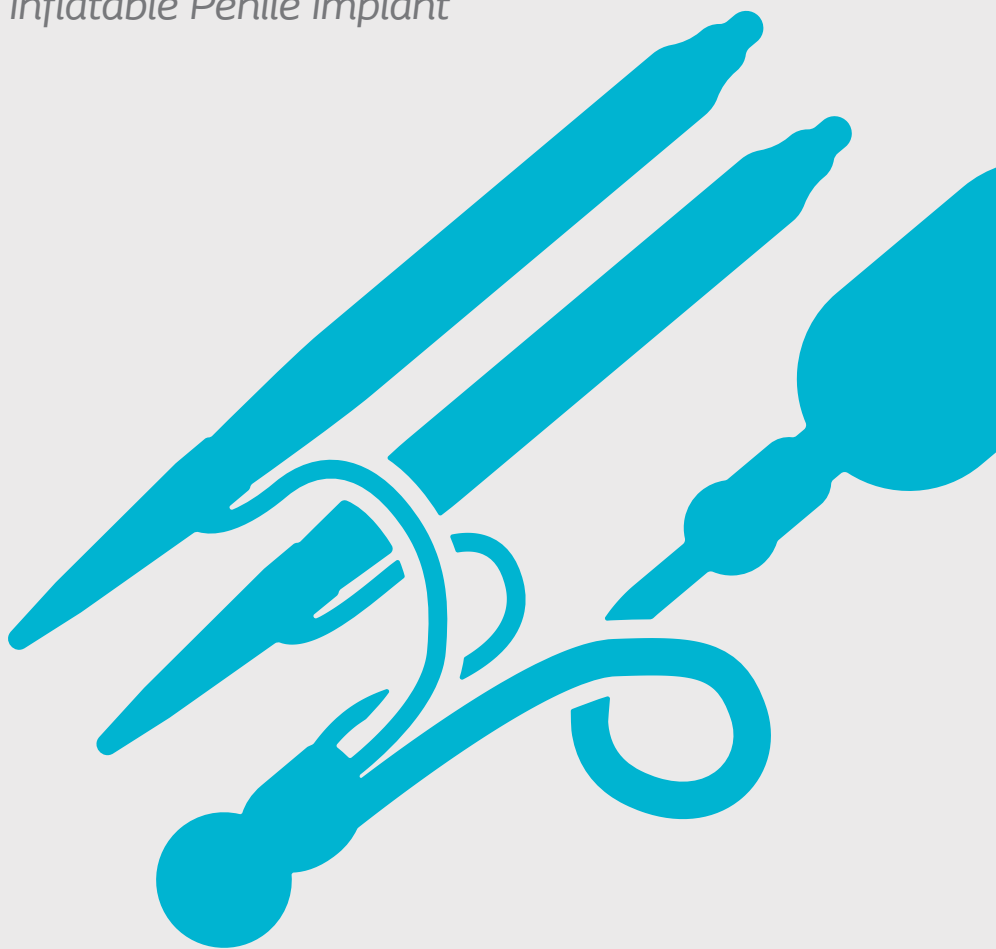
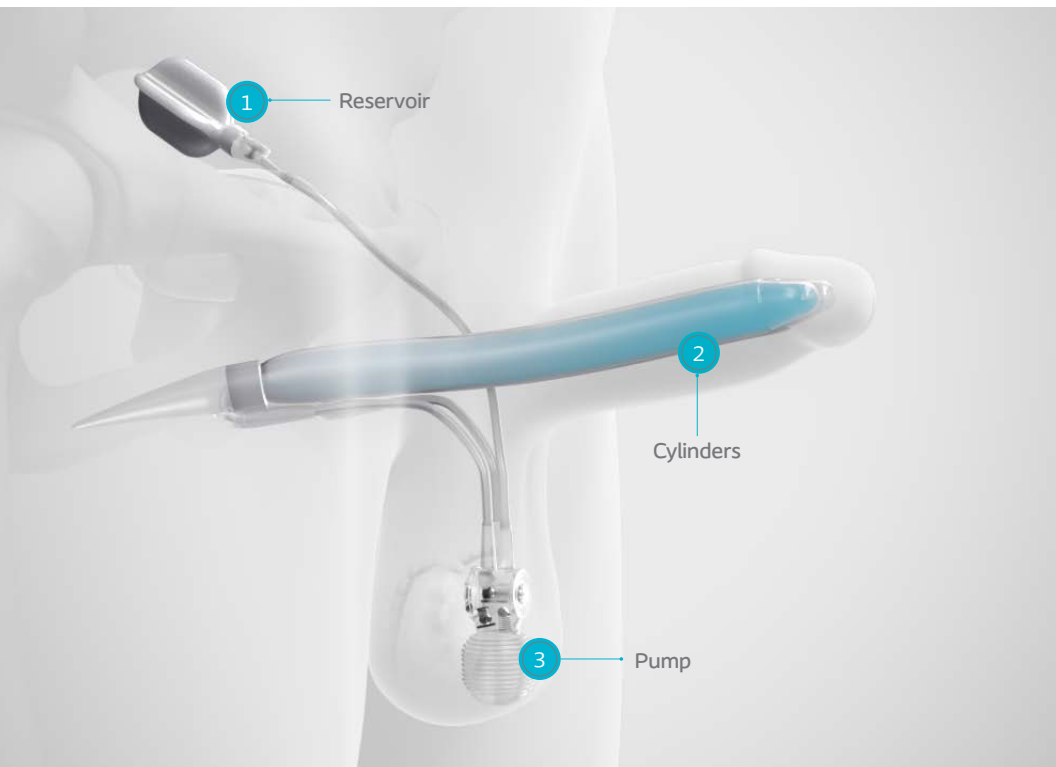


Post-Procedure Information Guide

Inflatable Penile Implant



You recently received a Coloplast 3-piece inflatable penile implant. **Review this guide to find out more on post-procedure care.**



About your implant

The implant is designed to match the look and performance of a natural erection. The inflatable penile implant is entirely concealed within the body and is not visible to the naked eye.

Your implant consists of three components:



A reservoir
(placed in the
abdomen)



Two cylinders
(placed in the
shaft of the penis)



A pump
(placed in the
scrotum)

About the penile implant procedure

There are three different types of surgical approaches for placing an inflatable penile implant:

Penoscrotal:

A small opening is made in between your penis and the scrotum¹

Infrapubic:

A small opening is made above where your penis meets your pubic area²

Sub-coronal:

A circular opening made around the shaft of the penis³

Depending on which approach your physician used to place your implant, you may have swelling and pain in different areas. Talk to your physician about which approach was used and what to expect depending on the approach.



The implant is safe for standard airport security and can be safely scanned by an MRI machine when used according to the specified MRI conditions for use.

What to expect after your procedure

It is important you follow the medical advice and recommendations given to you by your physician to ensure the best possible outcomes after your procedure.

After your procedure, there are a few things you can expect:

- Mild swelling, pain, and discomfort
- Your physician may provide special instructions and/or prescribe medication to help make you more comfortable during your recovery process
- Limit physical activity for the first 48 hours after surgery. No heavy lifting until instructed by your surgeon.
- You should not resume sexual activity until you have received approval from your physician

Side effects of the procedure

Like any procedure, the procedure to receive an inflatable penile implant has risks and side effects⁴ including the following. For additional information, review the Important Safety Information on the back of this brochure.

Scrotal swelling

Device malfunction

Autoinflation

Chronic pain

Discomfort

Difficulty with ejaculation

Angulation/Curvature

Transient urinary retention

Swelling/Edema

Should any of these, or other complications, occur speak to your physician immediately.



When to call your physician:

- You have pain persisting longer than 21 days
- You experience moderate to severe swelling of the scrotum
- There is an increase in redness or swelling at your incision site
- You have a fever/increase in body temperature that is greater than 101° Fahrenheit
- If you are draining a large amount of fluid (soaking several pads per day)



DO NOT...

worry if you experience slight discomfort, pain, and swelling during your recovery. It is not uncommon to experience these side effects post-procedure.

inflate your device for the first time without receiving approval from your physician.

accept medical advice from anyone except your physician.

Recovery

After the procedure, your body will need time to heal. During your initial recovery here are a few things to know:



Physical activity

It is recommended you limit your activity for the first 48 hours. Taking short walks is okay. Avoid heavy lifting or strenuous activity until you are cleared by your physician.



Your implant

Do not inflate your implant before speaking with your physician. They will inform you on how to properly inflate and deflate your device in your post-op visit.



Sexual activity

Avoid sexual activity prior to your follow-up visit. Your physician will inform you when you are ready to resume sexual activity.

***1-day post-surgery - If you received a urinary catheter, you will need to return to your physician's office to have it removed. If you received a catheter and your physician has directed you to remove your catheter at home outside of their office, make sure you have instructions from your physician for removal.*



Pain management and medication

Your physician may prescribe an antibiotic and/or pain medication after surgery. Take these as prescribed by your physician. Placing an ice pack on the penis and scrotum may help reduce swelling post-operatively.



Diet

You should be able to return to your normal eating habits after surgery. Fluids and a well-balanced diet will help ensure a regular voiding pattern and will help promote healing. For diabetic patients, please work closely with your surgeon on your diet.



Showering

You may shower 48 hours after surgery. Wash the incision with mild soapy water and pat gently to dry. No tub baths or soaking until your physician gives you clearance to do so.

1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5583046/>.
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5583056/>.
3. Data on file with Coloplast.
4. Coloplast Titan IFU.

TITAN® AND TITAN® TOUCH INFLATABLE PENILE PROSTHESIS - IMPORTANT SAFETY INFORMATION

A penile implant, also called a penile prosthesis, is concealed entirely within the body to address erectile dysfunction (impotence). The implant requires some degree of manipulation before and after intercourse to make the penis erect or flaccid.

Indications: The Titan and Titan Touch Inflatable Penile Prosthesis is indicated for male patients suffering from erectile dysfunction (impotence) who are considered to be candidates for implantation of a penile prosthesis.

Contraindications: The Titan and Titan Touch Inflatable Penile Prosthesis is contraindicated in patients who have one or more of the following: (1) Patients with an active infection present anywhere in the body, especially urinary tract or genital infection. (2) Patients with a documented sensitivity to silicone. (3) Patients with unresolved problems affecting urination, such as an elevated residual urine volume secondary to bladder outlet obstruction or neurogenic bladder. (4) Patients unwilling to undergo any further surgery for device revision.

Warnings: Implantation of the device may make latent natural erections, as well as other interventional treatment options, impossible. Men with diabetes or spinal cord injuries, as well as immunocompromised patients, may have an increased risk of infection associated with a prosthesis. Implantation of a penile prosthesis may result in penile shortening, curvature or scarring.

Precautions: Removal of an implanted prosthesis without timely reimplantation of a new prosthesis may complicate subsequent reimplantation or may make it impossible. MRI quality may be compromised if the area of interest is in the exact same area or relatively close to the position of the Titan,

and Titan Touch IPP. Be sure to consult with your physician. Patients should discuss all available treatment options and their risks and benefits with their physician. Health conditions which hamper sexual activity, such as severe chest pain (angina), may prevent successful use of this device. The prosthesis should not be implanted in patients who lack the manual dexterity or strength necessary to operate the device. Trauma to the pelvic or abdominal areas, such as impact injuries associated with sports (e.g., bicycle riding), can result in damage of the implanted device and/or surrounding tissues. This damage may result in the malfunction of the device and may necessitate surgical correction, including replacement of the device. The device may be used in the presence of Peyronie's Disease.

Potential Complications: Penile implants are surgical solutions requiring a healing period that have risks associated with surgery such as scrotal swelling, auto-inflation, discomfort, angulation/curvature, swelling (edema), device malfunction, chronic pain, difficulty with ejaculation, transient urinary retention, fever, migration, patient dissatisfaction, infection at surgical site or wound, deflation, swelling of clotted blood or clear fluid (hematoma/seroma), wound leakage, bleeding, delayed wound healing, narrowing of the opening of the foreskin (phimosis), sensory loss, cylinder malfunction, formation of thick tissue (fibrous capsule formation), over/under inflation, erosion, scrotal reddening (erythema), genital change, and inguinal hernia.

This treatment is prescribed by your physician. Discuss the treatment options with your physician to understand the risks and benefits of the various options to determine if a penile implant is right for you.

Caution: Federal law (USA) restricts this device to sale by or on the order of a physician.

PM-15451 03.2021



[Ostomy Care](#) | [Contenance Care](#) | [Wound and Skin Care](#) | [Interventional Urology](#) | [Voice and Respiratory Care](#)

Coloplast Corp. Minneapolis, MN 55411 / Interventional Urology Surgical Support 1-800-258-3476

www.coloplast.com The Coloplast logo is a registered trademark of Coloplast A/S. © 2022-11. All rights reserved Coloplast A/S. PM-08241