# The Sexual Health Inventory for Men

The Sexual Health Inventory for Men further classifies E.D. severity with the following breakpoints:
- 1-7 Severe E.D.
- 8-11 Moderate E.D.
- 12-16 Mild to Moderate E.D.
- 17-21 Mild E.D.

### Questions

1. **How do you rate your confidence that you could get and keep an erection?**
   - **Very Low**
   - **Low**
   - **Moderate**
   - **High**
   - **Very High**
   - **Score:**

2. **When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?**
   - **No sexual activity**
   - **Almost never or never**
   - **A few times (much less than half the time)**
   - **Sometimes (about half the time)**
   - **Most times (much more than half the time)**
   - **Almost always or always**
   - **Score:**

3. **During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?**
   - **Did not attempt intercourse**
   - **Almost never or never**
   - **A few times (much less than half the time)**
   - **Sometimes (about half the time)**
   - **Most times (much more than half the time)**
   - **Almost always or always**
   - **Score:**

4. **During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?**
   - **Did not attempt intercourse**
   - **Extremely difficult**
   - **Very difficult**
   - **Difficult**
   - **Slightly difficult**
   - **Not difficult**
   - **Score:**

5. **When you attempted sexual intercourse, how often was it satisfactory for you?**
   - **Did not attempt intercourse**
   - **Almost never or never**
   - **A few times (much less than half the time)**
   - **Sometimes (about half the time)**
   - **Most times (much more than half the time)**
   - **Almost always or always**
   - **Score:**

---

**Add the numbers corresponding to questions 1-5.**

**TOTAL:**

---

The Sexual Health Inventory for Men further classifies E.D. severity with the following breakpoints:
- 1-7 Severe E.D.
- 8-11 Moderate E.D.
- 12-16 Mild to Moderate E.D.
- 17-21 Mild E.D.